Cleo Coyle's Hong Kong-Style Egg Custard Tarts

Text and photos © Alice Alfonsi, who writes The Coffeehouse Mysteries as Cleo Coyle with her husband, Marc Cerasini.

Makes 12 tarts

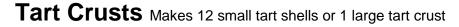
Ingredients:

4 large eggs
4 large egg yolks
2/3 cup whole milk
2/3 cup white granulated sugar
1/4 teaspoon table salt
1/2 teaspoon pure vanilla extract

Directions: Gently whisk together ingredients. Run the mixture through a sieve. Pour into 12

pre-made tart shells or see my recipe below to make your own. Bake about 25 minutes in an oven preheated to 325° F. Centers should resemble creamy custard and not be rubbery. Tarts are done when an inserted toothpick (like a good alibi) stands up on its own. These tarts are traditionally served warm

but are just as delicious at room temperature or chilled. To store, wrap loosely in wax paper or plastic and place in refrigerator.



1¼ cup all-purpose flour

½ teaspoon salt

1 tablespoon white granulated sugar

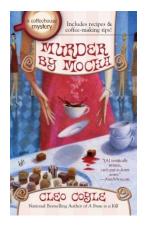
6 tablespoons butter (chilled)

1/4 cup vegetable shortening

2-3 tablespoons hot water, or as needed

Directions: Sift the flour, salt, and sugar into a bowl. Cut the butter into small pieces and add in the shortening. Using the tips of your fingers, work the fats into the flour until it resembles coarse

crumbs. Add the hot water and continue working and kneading until it comes together into a smooth dough. Pat the dough into a large ball, flatten the ball into a disc, and wrap the disc in plastic or wax paper. Refrigerate for thirty minutes. Dust a surface with flour and roll flat. Stamp out circles and press into tart molds or (for more rustic tarts) use muffin pan tins. Bake as directed in the above recipe, and...



Eat with joy! ~ Cleo

Cleo Coyle's Coffeehouse Mysteries are national bestselling culinary mysteries, set in a landmark Greenwich Village coffeehouse. Each includes the added bonus of recipes. To learn more or download more free recipes, visit Cleo's online coffeehouse at www.CoffeehouseMystery.com

