

Cleo Coyle's Easy Mexican-style Chipotle Dipping Sauce and Sandwich Spread

Text and photos (c) by Alice Alfonsi who writes [The Coffeehouse Mysteries](#) as [Cleo Coyle](#) with her husband, Marc Cerasini.

This smoky, zesty Mexican-style dipping sauce is insanely easy to make. This dip goes with everything from celery sticks to potato and tortilla chips. We eat it with French fries, chicken tenders, raw veggies, and shrimp fried, grilled, and boiled). We spread it on hamburgers and use it to jazz up cold deli sandwiches. We even mix it with tuna fish for a tasty twist on tuna (and sometimes chicken) salad.

The essential flavor ingredient in this dip is chipotle (aka chilpotle), a smoke-dried jalapeno pepper, used in Mexican and Tex-Mex cooking. Chipotle provides a rich earthiness and tangy bite when added to mole, salsa, chili, soups and stews. The peppers are also used for marinades and braising sauces for meat.

Once upon a time only dried chipotle were available, and they had to be reconstituted prior to use. Today it's more convenient to buy chipotles processed and canned with adobo (a mixture of spices and crushed dried chili).



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This quick dip recipe uses canned chipotle, which means it's a snap to make. So let's get started...

~ Cleo

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Ingredients:

- 1 cup mayonnaise
 - 1 teaspoon ground cumin
 - 1 or 2 tablespoons of the adobo sauce found in a can of "Chipotle Peppers in Adobo Sauce"
 - 1 or 2 tablespoons sour cream *(to reduce the heat)*
- (OR)
- 1 or 2 chipotle peppers, chopped *(to increase heat)*

Directions: Into a small bowl, measure out your mayonnaise and ground cumin. Open the can of Chipotle Peppers in Adobo Sauce. Dip your tablespoon in and drain off 1 tablespoon of the adobo sauce. If you see any seeds floating around in there, pick them out. Mix the adobo sauce with your mayo until well blended. Now give it a small taste. If you'd like a more powerful chipotle flavor, measure out a 2nd tablespoon of the adobo. Mix it in and taste it again.



How to Control the Heat...

Mild Side: If the dip tastes too spicy for you: Add sour cream, 1 tablespoon at a time until the smokiness and heat are balanced.



Wild Side: If the dip tastes too mild for you:

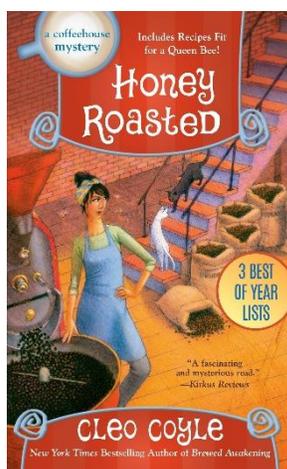
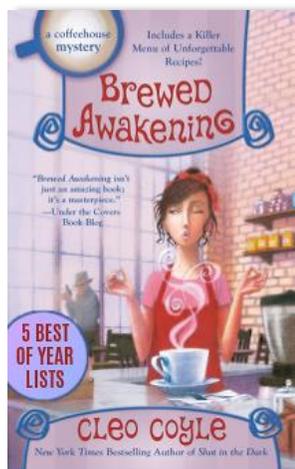
Add the chopped chipotle peppers to your dip. Here's how... (1) Pull a whole chipotle pepper from the can. Place it on a plate and slice it open with a knife or kitchen shears. Start at one end and open the pepper to expose the seeds...

(2) Use a spoon to scrape out the seeds and discard them. Chop the pepper finely and stir it into the dip. Serve immediately, or chill in an airtight container. The sauce will keep in the refrigerator for about a week. So whether you like it smoky or spicy, I hope you will...

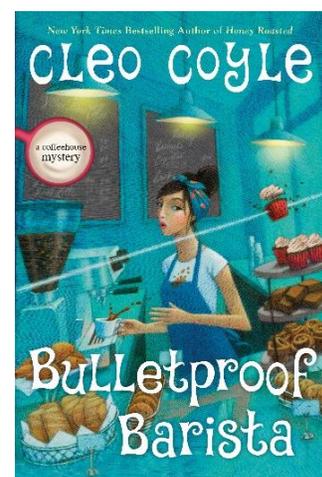
Eat with joy! ~ Cleo



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