

Cleo's "Best" Taco Salad

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The Taco Salad is a common enough idea, but it's also a clever solution for anyone looking for low-carb (and keto) meal options. The key to making any Taco Salad really great (in our opinion, of course) is our sour cream-lime dressing. So easy and so good. In fact, it's so incredibly tasty, you won't miss the tortilla! ~ Cleo

Ingredients ("amounts" are general, see directions):

Romaine lettuce
Tomato & Green Bell Pepper
Leftover Taco Meat
Colby-Jack Cheese
Sour Cream-Lime Dressing (see next page)
Cilantro and/or Guacamole



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Directions:

Start with fresh, cold, crisp **romaine lettuce** (which not only delivers good flavor but also great [nutrition](#)). Chop the lettuce and fill a large bowl.

Core, de-seed, and chop a vine ripened **tomato** (be sure to *de-seed* for the best texture in your salad). Scatter the chopped tomato over the lettuce. Dice a bit of **green bell pepper** and add it to the bowl...

Microwave some of your **leftover taco meat**. Make sure it's piping hot and spoon it over the cold lettuce, chopped tomato, and diced pepper.

Sprinkle shredded **Colby Jack cheese** over the hot meat.

As you wait for the cheese to melt, prepare the taco salad's **Sour Cream-Lime Dressing**, see our recipe on the next page...



CLEO'S SOUR CREAM-LIME DRESSING

This simple dressing is what really makes this salad amazing.

Add a helping of **sour cream** to a small bowl (as shown >>). Squeeze in two wedges of **lime**, splash in a bit of **white vinegar** (I use rice vinegar), and **salt and pepper** to taste. Whisk well and pour over your taco salad...

Finish the salad with chopped, fresh **cilantro**.
If you like, add a dollop of fresh **guacamole**, and...



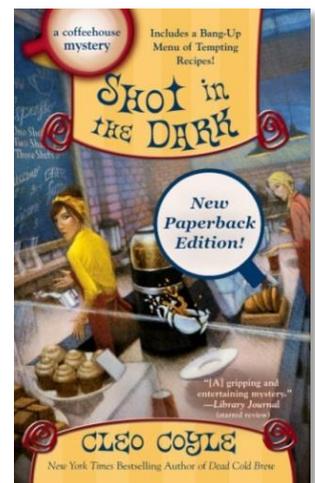
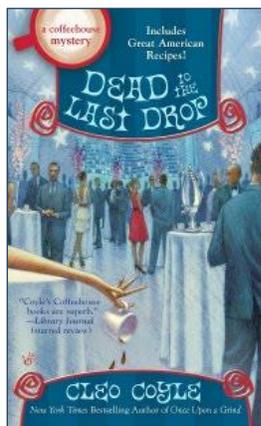
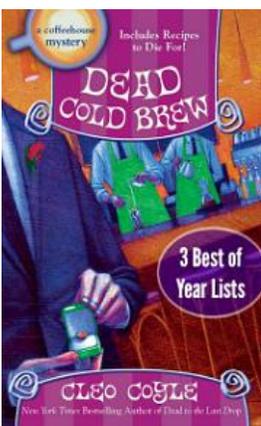
Eat with joy! —Cleo

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www.CoffeehouseMystery.com

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